



*SONS of
NORWAY*

DISTRICT LODGE NO.1



PROGRAMS & CULTURAL SKILLS PRESENTATIONS

RESOURCE GUIDE FOR LODGES

2016

Revised & Updated: April 2016



USA



Canada



Norway



Sweden



Iceland



Denmark



Finland



HARDANGER EMBROIDERY

- ARLENE FIELD 515-964-3363 Marsteinen #1-596 (Des Moines)
Address: 2828 East 16th Street, #21, Des Moines IA 50316
Presentation and/or Small Group – Travel: 70 miles, no overnight stays
Mileage requested
- JANE NORDAKER 402-453-6666 Elveby #1-604 (Omaha)
Email: cnordaker@cox.net
Small group Travel: Any distance, mileage requested,
no overnight stays
Also see: Traditional Norwegian Cooking
- CLARICE DIETER 320-585-2647 (H) 320-585-0135 (C) Norskfødt #1-590 (Morris)
Email: cdieter@fedtel.net
Travel: Any Distance, mileage requested; if overnight stay will consider S/N
host home



WEAVING (Loom & Bobbin Lace)



- NANCY ELLISON 507-732-5281 Kristiania #1-47 (Rochester)
Email: www.ellisonssheepfarm.com
Presentations and/or small groups Tour of farm
Spinning, Weaving, Felting, Tapestry weaving, Rugs, Belts
Has Sheep Farm; also does slide presentation on textiles
Travel: 100-150 miles Professional charges fees for classes; if overnight stay,
will stay with S/N host family.
- KAREN AAKRE 218-731-0072 Heimskringla #1- (Fergus Falls)
Email: kaakre@hotmail.com
Travel: Any Distance, mileage requested
- DARLA THORLAND 563-382-2614 Valdres 503 (Decorah)
Decorah, IA 52101
Email: none call for details
Slide Presentation – Travel: 70 miles, mileage requested
(Also does programs on Norwegian Language, Culture, Music)
- GAIL JOHNSON 218-736-6198 Email: johnsog@fargo.k12.nd.us
(Bobbin Lace) Fergus Falls, MN 56537
Honorarium & mileage requested. No overnight stays. Travel: 75 miles



ORNAMENTAL WOOD / CHIP CARVING

- JOCK HOLMEN
952 -746-3010 email: jock@norwegiantermite.net
Burnsville, MN 55337
www.norwegiantermite.com *See website for more information.*
Norwegian style Acanthus, Viking and dragon style carving
Travel: 200 miles, Mileage & Honorarium. If overnight stay needed, S/N host ok for Jock and trailer.
- HAL BITZER
218-434-1611 (c) Nordlys 1-498, Roseau MN
Williams, MN 56686 hbitzer@wiktel.com
kolrosing. dragon style, and chip carving
Travel: MN, IA, SD, ND – 8-10 hours; mileage requested. If overnight stay needed, will stay with S/N host.
- PHIL ODDEN
Else Bigton
715-468-2780 www.norskwoodworks.com
Barronett WI 54813
nww@norskwoodworks.com
Norwegian Ornamental woodcarving; National & International reputation; demonstrations at Norsk Hostfest, 30 yrs, and currently (2016) carving for Norway Pavilion at EPCOT.
Travel: 100 miles, Mileage and \$150 fee requested.
Wife, Else, carves cabinets & is wood carver in the Norwegian traditions.
- PHIL HOLTAN
Turned burl bowls
701-261-6044 philholtan@gmail.com
lives in Fargo Moorhead area. (retired pastor from Perham MN)
Norwegian style turned burl bowls.
Travel: ok, mileage & \$50 fee requested. Will stay with S/N host if overnight stay needed.
- BOB HOOVER
(Tine)
218-847-6345 Vikingland 495 (Detroit Lakes)
Detroit Lakes, MN 56501
Email: rrdmhoov@gmail.com
Presentation and/or Small Group – Travel: Any distance, mileage requested.
- CLAYTON JOHNSON
clayton707@gmail.com <https://www.facebook.com/clayton.johnson.73307>
Albert Lea, MN
Scandinavian style woodcarver with power point presentation
Willing to travel reasonable distances.
Contact for presentation fee/mileage. Weekend presentations work best.
See attached for example of carving done by Clayton.



NORWEGIAN LANGUAGE & CULTURE

- DARLA THORLAND 563-382-2614 Valdres 503 (Decorah)
Decorah, IA 52101 Email: none – need to call
Presentation and/or Small Group – Travel: 70 miles, mileage requested
(Also does programs on Weaving, Norwegian Culture, & Music)
- JAN SMITH 218-864-5968 or 218-731-0661© Leif Erickson, Vining MN
21891 Statesboro Dr, Clitherall, MN 56524
Email: jasjansmith@live.net www.storiesandyou.com - *website for more info.*
Speaking topics, also see attached info page; In the Beginning of Time – Odin
and the Nine Worlds; Trolls and Their Mischief; Life as a Nisse;
Mrs. Anderson, a Preacher's Wife, 1890; Literature Cultural Skills Award;
Growing up Norsk. Each Presentation: 45 minutes; Fee: \$100 plus mileage.
- MARGI PREUS Phone: 218-728-4780 www.margipreus.com
Duluth, MN Email: margipreus@me.com
Norwegian Culture; children's book author; *see website for more info*
Travel: 2 hour radius from Duluth; contact for fee & mileage
- JIM KAPLAN 701-232-0621(h) 701-261-5954(c) Fargo, ND 58102
Email: Sunflower56563@yahoo.com
Travel: MN, ND, SD along I-29; Fee plus mileage.
Will consider S/N host if overnight stay required.
Program: Comparing Nordic novels and their authors
Stieg Larson trilogy, Scandinavian novels – *see attached info page*
- DAVID SIMPKINS Cell: 320-761-3411 //www.youtube.com/watch?v=fHXaoIQygM4
Vining, MN 56588
Publisher Sauk Center Herald, Email: davesimpkins@saukherald.com
Call for fee and if mileage requested.
Learning Norwegian Individually; Askeladen Folk Stories
- DR. ODD S. LOVELL 507-645-6058
Northfield, MN 55057
email: lovoll@stolaf.edu
Retired prof from St Olaf - foremost author about Norwegian/American
immigration; has written 21 books on that history.
Mileage requested. If overnight stay, hotel to be paid by host lodge.
- ROGER HELLSVIG 612-798-5053
Minneapolis, MN 55419
Ole Olsen, The Norwegian Immigrant's Trunk
email: OleOleson.geo@yahoo.com
Contact personally for professional fees / mileage.

- ERIC DREGNI 612-236-5888
Minneapolis, MN 55406
ericdregni@yahoo.com
Author of *In Cod We Trust* and *Vikings in the Attic*, plus new book about the Cultural history of Fishing – Norwegian influence.
Contact for how far will travel; mileage requested and honorarium
- CANDACE SIMAR 218-831-3689 or 218-568-8761
Pequot Lakes, MN 56472 simar@tds.net www.candacesimar.com
Author speaker Minnesota Indian uprising;
early Scandinavian history in MN; *see website* for all available presentations.
Travel: contact for distance will travel – helps her to have more than one engagement in an area. Willing to stay with S/N host.
Speaking fee: \$250 plus mileage, but willing to work w/ lodge.
- LAVERN CHRISTIANSON 507-831-4549 Stavanger 538 (Windom)
Windom, MN 56101
Email: christil@windomnet.com
Program cost: Mileage & honorarium (negotiable). Travel: up to 200miles if overnight stay required, will stay with S/N host.
PROGRAM: “Harold Hardrada, Last Viking King”, in costume and telling his life story. *See attached sheet for other programs.*
- DENNIS RUSINKO 612-789-2272 Syttende Mai 517 (Minneapolis)
VIKING AGE CLUB Minneapolis, MN 55418
Email: dennirusinko@aol.com
PROGRAM: The group will present a picture of Viking Age life including dress, crafts, living conditions and equipment of the times. Also, has individual program presentation.
Call or email for travel distance and mileage.
- LEIF ANDOL (605)352-5225 or 605-354-0851 Solskinn, 1-550
JANIS ANDOL Huron, SD 57350-3824 leif@nordic-home.com
Mileage requested if more than 125 miles one way.
Five Year German Occupation of Norway;
Janis plays *carpenter saw*, also available as she has own presentation of approx. 20-40 min.



GENEALOGY & FAMILY HISTORY

- PATI KACHEL 651-485-1506 patikachel@me.com www.theparablefund.org
Story teller The Parable Fund PO Box 270006, Vadnais Heights, MN 55127
See attached sheet for program information or website.



NORWEGIAN ROSEMALING

- DOROTHY HOOVER 218-847-6345 Vikingland 495 (Detroit Lakes)
Detroit Lakes, MN 56501
Email: rrdmhoov@gmail.com
Presentation and/or Small Group – Travel: Any distance
- CLARICE DIETER 320-585-2647 (H) 320-585-0135 (C) Norskfødt #1-590 (Morris)
Email: cdieter@fedtel.net
Travel: Any Distance, mileage requested; if overnight stay will consider S/N host home
- NANCY SCHMIDT 262-547-0983 nsrosemaling@msn.com
Waukosha, WI 55189
Vesterheim Gold Medalist; Travel: mileage requested



FOLK DANCING

- LINDA VAA 605-692-7219 Fjordland 508 (Brookings)
Brookings, SD 57006
Email: lindavaa@brookings.net
Presentation and/or Small Group – Travel: 100 miles, Mileage requested
- MARILYN SYVERSON 320-589-1228 Norskfødt 590 (Morris)
Morris, MN 56267
Email: msyver@fedtel.net
Presentation and/or Small Group – Travel: 150 miles, Mileage requested; if overnight stay needed, will stay with S/N host.
- BOB & DOROTHY HOOVER 218-847-6345 Vikingland 495 (Detroit Lakes)
Detroit Lakes, MN 56501
Email: rrdmhoov@gmail.com
Presentation and/or Small Group – Travel: Any Distance



TRADITIONAL NORWEGIAN COOKING

ARLENE FIELDS

515-964-3363 Marsteinen #1-596 (Des Moines)
Address: 2828 East 16th Street, #21, Des Moines IA 50316
Presentation and/or Small Group ;
Travel: 70 miles, no overnight stays; Mileage requested
Rosettes, Krumkake, Fattigmann, Lefse, Smorbord
(Will also help with requirements for Cooking Pin)

JANE NORDAKER

402-452-6666 Elveby 604 (Omaha)
Belview NE 68025
Email: cnordaker@cox.net
Presentation and/or Small Group – Travel: Any distance, Mileage requested,
No over night stays.
Baking: Lefse, rommegrot //also see Hardanger Embroidery

CONNIE RASMUSSEN

515-733-4177 Kong Sverre 482 (Story City)
Story City, IA 50248
Email: norse4@prairienet.net or crasmuss@iastate.edu
Small Group – Travel: up to 75 miles, mileage requested.
If overnight stay required will stay with S/N host.
Baking; Krumkake



NORDIC MUSIC & MUSICIANS

DARLA THORLAND

563-382-2614 Valdres 503 (Decorah)
Decorah, IA 52101
Email: none
Presentation and/or Small Group – Travel 70 miles
Kveding, medieval ballads or unaccompanied song.
Also see Weaving, Language and Norwegian Culture

ARNA RENNAN

218-525-4534 Nortun 16 (Duluth)
Duluth, MN 55804
Email: Nordic angst@myspace.com
Presentation and/or Small Groups – Travel: Any Distance
Norwegian folk music, kveding, overtone flute, langeleik,
Accordion music. Contact for presentation fees & mileage.

PAUL WILSON &
MARY ABENDROTH
(Duo)

218-764-2994 Brainerd, MN 56401
pwilson@brainerd.net <http://www.nisswastamman.org/pmpage/>
Professional Musicians; Performance fees, Plus mileage.
Travel: anywhere in Midwest with performance fee met.
Willing to stay with S/N host.

Skålmusik (Quintet) – they also perform with a quintet. Performance fees apply

GORDY LINDQUIST

701-28-2622 (h) 701-201-0352 (c) Crazyfingers37@yahoo.com
Bottineau, ND 58318
Norsk Høstfest entertainer for 33 years.
Prefer: have several bookings as distance a factor; willing to stay w/ S/N host
Contact for presentation fee & mileage.

ROSS SUTTER
Professional Musician
SUTTER BROTHERS

612-978-9942 rosssutter@mac.com Vonheim Lodge
Minneapolis MN 55458
Please see *attached sheet* for more contact information/performance fees

JUDY NIMS
Accordian trio

218-739-2915 judynims@hotmail.com
Fergus Falls, MN 56537
Travel: 75-100 miles, weather permitting; mileage requested.

JOHN BERGQUIST
Music and storytelling

218-744-3207
8164 North Long Lake Court, Eveleth MN 55734
Email: abjb123@gmail.com

DR. MICHAEL JORGENSEN 507-933-7362 (o) 507-934-2562 (h)

St Peter, MN 56082
“The Life & Music of Theodora Cormontan” & “More Theodora”
mjorgens@gustavus.edu Honorarium requested – fee can be negotiated;
Mileage requested if more than 75 miles



BUNADER / SEWING

CAROL COLBURN
BUNADER

319-2307174 Solglimt 547 (Cedar Falls)
140 West Kent, Duluth MN 55804
carol.colburn@uni.edu
Presentation and/or Small Group – Travel: Any distance
Bunad styles, patterns, fabric (Norway), construction
Contact for presentation fee & mileage charge.

OTHER PROGRAMS OF INTEREST

THOMAS LATANE
Kitty, wife

715-442-2419 tclatane@gmail.com
T & C Latane
412 Second Street, PO Box 62
Pepin WI 54759-0062
Presentation: studied in Hamar with Havard Bergland – wrought iron made in historic Norwegian style. Demonstrations with silver wire inlay or embossing.
Travel: up to 90 miles; \$150 fee for evening presentation

DAVID SUSAG

507-467-0100 Heimbygda #376
Lanesboro MN lemse@acegroup.cc
Knifemaking
Contact for fees & travel distance / mileage

KAREN AAKRE

218-731-0072 Heimskringla #1- (Fergus Falls)
Email: kaakre@hotmail.com
Travel: Any Distance, mileage requested
Skinfellers (Norwegian sheep blankets)
Video on youtube-karenaakreskinfellers

DAN BOWMAN

320-765-2547 dbowman@hcinet.net
PO Box 40, Sacred Heart, MN 56285
Lefse lessons & program; wrote “The Lefse Catechism”
Contact for travel distance and program fees. *See attached list of programs.*

CHARLES KING

651-428-9186 crking@me.com
5375 Nottingham Rd, North Branch, MN 55056-5245
Storyteller & helps others write family stories. (Cambridge- Rumelva lodge gives him rave reviews.)
Travel: check about distance; fees \$100-\$200 to cover time & travel.

GARY LEGWOLD

612-926-1877 glegwold@lutefisk.com
Author; requests to sell books before & after presentation. Will donate a portion of sales to local cause or lodge designee.
Fees & mileage costs: \$150-200; will travel some distance if gas/mileage covered.
S/N host o.k. if overnight required.

DR. LAWRENCE MOE

612-702-5861 (c) 651-793-1429 (o)
Professor Lawrence Moe, Metropolitan State University
700 East 7th Street; St. Paul MN 55106
Lawrence.moe@metrostate.edu
Travel: up to 100 miles; honorarium \$100 plus expenses (mileage); hotel requested if more than 100 miles to presentation.
Presentation 45-60 minutes; Scandinavian topics – Has 10 programs from which to choose; *see attached listing*. Several lodges have had him do presentations.
Contact Dr. Moe for a detailed list of his presentations.

ROYAL NORWEGIAN EMBASSY, Washington DC

2720 34th Street NW Washington, DC 20008

Tel: (202) 333-6000 E-mail: emb.washington@mfa.no

Has videos that can be sent to lodges; contact for complete list; Sample below

- *The Orange Girl* - a romantic about 2 childhood playmates who reconnected in young adult life and didn't recognize themselves as childhood playmates.
- *Snow Cave* - a misfit man who lives from snow cave to snow cave in Norway's high mountains; beautiful scenery
- *Mama, you didn't Tell Me* - showing the discrimination of the Saami

Suggestions from other lodges:

- Have a special display or event coming up? Have the Mayor of your city make a ***proclamation*** that it is _____ Day in _____. You may have to write it up for them and get them to sign it, but it gets your lodge and Sons of Norway in the paper!
- Kevin Wallevand: A Sons of Norway member, and anchor of TV news program and special reporter. Unable to have a response to DSH, but contact info is: kwallewand@wday.com . He travels to Haiti each year with team of doctors & nurses.
- Celebrate Sami National Day – February 6th. This day was first celebrated in 1917. About 40,000 Sami live in Norway; 20,000 in Sweden; 7,000 in Finland. An estimated 2,000 live in Russia.
- Celebrate Swedish Midsommer – June 24th. Swedes decorate their homes, cars, churches, etc with flowers and leafy branches. Dancing around the Maypole is part of the celebration. Traditional food menus feature herring, boiled new potatoes with fresh dill and a dessert of garden fresh strawberries.
- Syttende Mai celebration – Norwegian Constitution Day – May 17th.
- St Lucia Day – December 13th – have St. Lucia make a visit to your lodge when you have your December meeting. Remember to serve ginger cookies and crack it in 3 parts with your knuckle to have good luck in the year ahead!
- Iceland celebrates Twelfth Night – January 6th with bonfires. And Republic Day on June 17th which celebrates the creation of Iceland as a republic in 1944. It is also the birthday of Iceland's independence hero, Jon Sigurdsson.
- Finland celebrates on December 6th, their Independence Day. This day marks the celebration of independence from the Russian Republic in 1917.
- Canada Day – July 1st. National day of Canada to celebrate the anniversary of July 1, 1867 enactment of the Constitution Act of 1867. Originally called Dominion Day.
- Denmark – June 5th is Constitution Day (the June Constitution of 1849) – it is also Danish Father's Day.
- Send a greeting for the holiday – whether a Nordic Holiday or a traditional holiday to everyone in the lodge email list.
- Send a postcard to past visitors to the lodge inviting them to come help your lodge celebrate Syttende Mai, Christmas, or just an invitation to come back and visit!
- Have a rosemaler in your lodge that likes to teach? Want to do a community project? Invite your local high school art students to learn basic rosemaling in 5 or 6 sessions. Can work with your local high school or community education program to offer this way to share this beautiful art form.

Need a lodge fundraiser with a twist?

- Waffle breakfast – use youth to set up and serve, do clean up, make a donation to their organization in addition to being a lodge fundraiser.

Do you have more ideas?? Please share them with me, your zone director or the president of District 1. This is a 'living' document and we can add more information and more ideas. Mange takk...

Pastor Dan Bowman Program Information:

Several possibilities -

1. A focus on the Lefse Catechism (which is a presentation of the Gospel message using the medium of lefse). We do not use lefse in the presentation unless the audience would like to have some for treats along with the program. I incorporate music from my musical saw into the program. I mostly play classical or religious music.
2. Lefse making 101 - the basics of how to make lefse. We would use my instructions from my lefse book that I am writing. If we have the dough prepared, we could have a lot of fun learning and practicing at the same time. I would be willing to come up with the dough. We just have to make sure the electricity will be adequate for the number of grills used.
3. Lefse making 201 - advanced techniques of lefse making - appropriate for people to develop skills utilizing technology and for those preparing larger quantities. This class would focus on quality assurance techniques to make sure the lefse doesn't dry out.
4. Focus on music with my saw - My Norwegian song repertoire is not that great but there may be a few songs I could put in (Children of the Heavenly Father - Swedish, Prayer of a Norwegian Child, Behold a Host). Christmas time is a great time for a program of music since many of the loved melodies are excellent (I think written) for the saw. I have programs for Christmas or Lent, or for any other time of the year.

Dr James Kaplan Program Information: SCANDINAVIAN CRIME NOVELS TODAY *(this was the press release from his recent January 2016 programs in Florida)*

Dr. Jim Kaplan, professor emeritus at Minnesota State University Moorhead, will present three programs on Scandinavian crime novels in the San Francisco Bay Area in early 2016. Dr. Kaplan is well-known to the Swedish Community in the Bay Area and has spoken at the Fylgia Swedish VASA Lodge, SWEA San Francisco, the Swedish Club and the Scandinavian Cultural Center of Santa Cruz.

These Scandinavian crime novels are enjoying a world-wide vogue right now and have had huge successes as books, on TV and in films. Their main characters like Lisbeth Salander, Kurt Wallander and Harry Hole have gained international attention. Featured in this program will be "The Draining Lake" by Icelandic author Arnaldur Indridason, "Redbreast" by Norwegian author Jo Nesbø and "The Girl With the Dragon Tattoo" by Swedish author Stieg Larsson. Detective novels are a fine opportunity to learn about the real lives of Scandinavian people today. They are fun and exciting and introduce the reader to literature and the humanities. The programs are free and open to the public.

Miss Pati Kachel Program Information:

Miss Pati Kachel is a professional traveling storyteller based in St. Paul, MN. For the past thirty-five years she has been invited all around the Midwest and beyond to present her uplifting and heartwarming story programs. She has researched, written, produced and performed her original presentations through *The Parable Fund*. Wherever she goes, her audiences easily receive Pati's gentle voice, whimsical songs, good humor and joyful spirit. With a collection of over thirty-five time-tested, crowd-pleasing shows, she offers something special for every audience to experience.

One of her most requested story programs is, "*Ya Sure, I'm A Norvegin Lutheran.*" In this one-woman show, Pati honors her family's heritage as she tells the tales of her pioneer ancestors immigration from Norway to Minnesota back in 1868. While wearing her beautiful Nordland bunad and surrounded by family heirlooms, she artfully weaves together Nordic songs, humorous traditions and remembrances of the homestead farm. Listeners will be inspired as they learn about the lasting legacy of her forefathers fortitude and faith. This program has been presented at countless churches and lodges and also received a standing ovation at the Daughters of Norway National Convention in 2014. Do even Norwegian bachelor farmers enjoy this show? Ya sure, you betcha! For scheduling availability contact Pati through her website at: www.theparablefund.org to request her color brochure, read financial guidelines and watch her video clips.

Ross Sutter & Sutter Brothers Program Information:

Ross Sutter and the Sutter Brothers are still interested in being on the list. Willing to travel any distance, with standard government mileage reimbursement but traditionally I know you have paid a bit less than that and had a cap on the amount of money that could be spent. We are willing to stay in a home but sometimes we have enough hotel points to arrange a free stay at a hotel.

The Sutter Brothers rate for a program is \$1000 to \$1500. However, we do have ideas for funding so lodges shouldn't count us out without first talking to us. In the fall of 2014 we had a very successful event at the Cloquet Public Library. The Heimsyn Lodge teamed up with the library to share the cost and publicize the event. It was a standing room only crowd and quite fun. The lodge was allowed to put out information to sign up new members as well.

Ross Sutter: solo fee is \$500 plus expenses. Again, I can work with any lodge to try and help them find funding ***but since I make my living doing this I can't offer programs for free.***

"Sometimes I have a friend visiting from Tromsø, Norway-- Stina Fagertun—and we do programs together too. This spring we will be touring to most of the libraries in the Thief River Falls area—the Northwest Regional Library system. Stina and I are going to do a program in Crosby, MN on May 2nd at the Heartwood Retirement Community, cosponsored by Sagutun Sons of Norway Lodge, Lakes Area Unlimited Learning and Central Lakes College. A friend of mine is organizing this and we think we're going to have a really nice crowd because we'll be drawing from three different groups and opening it up to the public. It would be great to get some travel money to help pay our way." Member of Vonheim Lodge, Minneapolis.

Clayton Johnson Scandinavian Carving Example:



Dr. Lawrence Moe Program Information:

Dr. Moe's Ph.D. was in English, but his Ph.D. Supporting Program was in Scandinavian Studies, and throughout his career he has done research and public speaking on topics that are of special interest to Norwegian-Americans.

Carl Ben Eielson: The Norwegian-American Lindbergh

The fascinating Carl Ben Eielson was a Norwegian-American pilot and explorer in the golden age of aerial adventurers. "The Father of the Bush Pilots" achieved the first non-stop transpolar intercontinental flight (Alaska to Norway), and became famous.

Knud Wefald: You Can Take Knud Out of Norway . . .

Born in Telemark in 1869, Knud was 17 when he came to MN as a penniless farm hand, worked his way into business, and went into politics. He was a mayor, MN legislator, US congressman, and state commissioner. He is a significant figure in Norwegian-American cultural history, yet little known today.

The Life and Work of "Colorado Pete"

A Norwegian-American named Arthur Peterson (1896-1932) served honorably in World War I, but came home terribly sick, to spend the rest of his too-short life shifting from one veterans hospital to another. It's a sad story, except that during his years of painful struggle against a terminal condition, he refused to give up on life, and so recreated himself as "Colorado Pete," a robust and romantic poet, who published over 100 poems and acquired a following of admirers who never learned his real life story until after his death.

Norwegian-American Folk Poetry

Folk poetry is written by ordinary people seeking to preserve meaningful ideas and feelings in memorable ways. Norwegian-American folk poetry may reflect aspects of our culture or immigration experiences. Norwegian immigrants formed the largest element of the Europeans who settled in the Red River Valley of the North; today, their experiences are inherently interesting to those who study our Nordic roots, and many Norwegian-Americans have personal connections to the Valley. Professor Moe collects the early folk poetry of North Dakota, which he will offer as a case study within this topic, along with additional examples from elsewhere.

Beowulf

Dr. Moe wrote his Ph.D. dissertation on the Old English poem *Beowulf*. This remarkable epic takes place in early medieval Nordic settings, and appeals to those interested in Norse myth and legend—or to anyone interested in *The Lord of the Rings* (which Professor Tolkien drew in part from the world of *Beowulf*). Dr. Moe will overview the plot of *Beowulf*, and discuss its themes.

Dr. Moe's Poetry Presentations

Poetry: Christian Ideas in Verse

Poetry: Classics in English

Poetry: Early Folk Poets of the Red River Valley

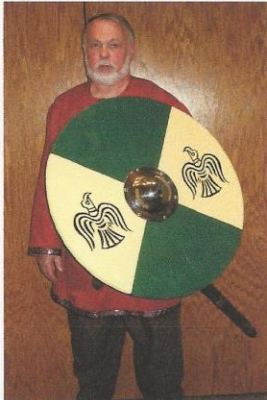
Poetry: Light Verse

Poetry: The Sonnets of Shakespeare

Available Programs

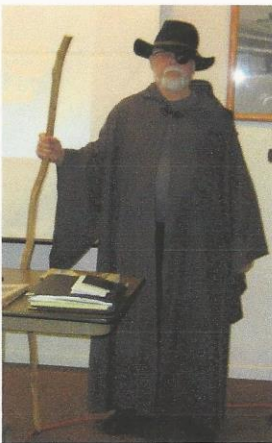
Presenter: LaVern Christianson, 685 Verona Ave, Windom MN 56101
507-831-4549 (home) or 507-822-0198 (cell)
christil@windomnet.com or christianson1941@gmail.com

Stipend: single negotiable rate (to cover fuel costs + reasonable stipend for presenter)



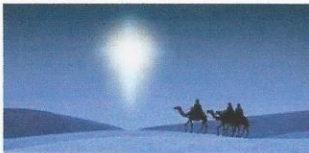
Harald Hardråda: Last Viking King

Harald Siggurdson Hardråda was king of Norway from 1046 to 1066. He was killed in the Battle of Stamford Bridge in September of 1066 in an invasion of England. This was a significant event in the history of England and many historians mark this event as the end of the Viking Age. Appearing in costume, LaVern Christianson portrays Harald Hardråda and tells his life story from the battle of Stiklestad through his service in the Varangian Guard in Constantinople to his time as King of Norway and his death in England. How his invasion of England in 1066 affected the events of that year, altering England's history, will also be discussed.



Norse Mythology: Stories of the Norse Gods and Worlds

The Norse Mythologies are a series of complex stories about the Norse gods and other mythological creatures who lived in the nine worlds of Norse belief. These stories were passed down through stories shared around the fires during their long cold winters. The stories told of the strengths and foibles of their gods and goddesses. Christianson will summon a costumed story-teller from the past to share just a few of these unique stories of the gods, beasts, and objects from Norse Mythology.



The Star of Bethlehem

This presentation is based upon the famous lectures on the star of Bethlehem by astronomer Karlis Kaufmanis. Kaufmanis gave his lecture over 1000 times to wide acclaim. He searched the astronomical charts for an event which may explain the star seen by the Wise Men at the birth of Christ, but, without contradicting the Biblical account of the star. In addition to being informative, the conclusion of this presentation promises to be thought provoking, even if not definitive.



PROGRAMS & CULTURAL SKILLS PRESENTATIONS

Resource Guide for Texas Lodges

2016

Revised/updated: March, 2016



TRADITIONAL NORWEGIAN COOKING

SHIRLEY DRISCOLL

956-702-2923 Palmedal 644
Pharr, TX 78577
Email: shirlou92@aol.com
Presentation and/or Small Group – No travel
Kringla, Rosettes, Lefse, Rommegrøt
Contact for presentation fees, mileage fee.

ALAN BECK

972-527-2825 Nordtex 594
Plano, TX 75025
alanzone8sofn@gmail.com
Contact for presentation fee / mileage fee.
Presentation and/or Small Group
Baking: All kinds, Lefse, Sandbakkeles, Goro, Krumkake

GWEN WORKMAN

1-800-266-7342 Nordtex 594
Plano, TX 75074
Email: Nordic@aol.com
Presentation and/or Small Group – Travel: Any distance
Baking: Lefse – Location: **Wooden Spoon**
See **attached sheet** for more information /contact for fees / mileage fee



HARDANGER EMBROIDERY

SHIRLEY DRISCOLL

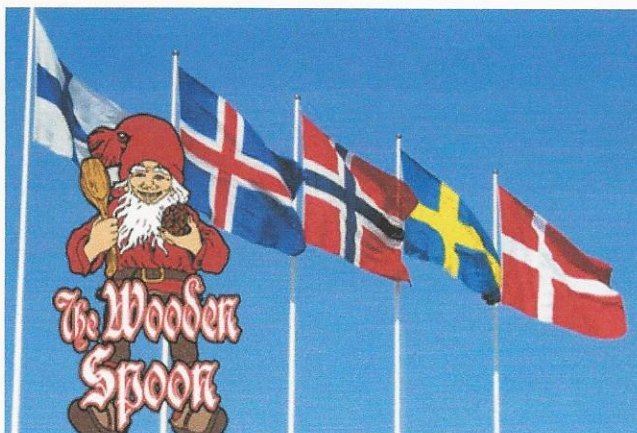
956-702-2923 Palmedal 644
Pharr, TX 78577
Email: shirlou92@aol.com
Presentation and/or Small Group – No travel



NORWEGIAN LANGUAGE, ETC.

GWEN WORKMAN

1-800-266-7342 Nordtex 594
Plano, TX 75074 Email: Nordic@aol.com
Presentation and/or Small Group – Travel: Any distance
Owner of the “WOODEN SPOON” Scandinavian Gift and Cultural Shop. See attached sheet for information. Organizes classes for Rosemaling; Hardangersom; Knitting & Crocheting, Language (Norwegian, Swedish, Danish & Finnish) and History. **See attached sheet.**



Location	Hours	Food	Shop	Classes	Events	Clubs	Mailing List	Articles
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Welcome, Våkloppen, Velkommen, Tevertola, Velkomin to the Wooden Spoon, your Scandinavian connection.

Our location

1617 K Avenue in Plano, Texas

Our phone number

972-424-6867

Our Email

gwen@woodenspoon.ws

Up the Down Staircase



Who and what are we

In our shop you will find imported and domestic gifts and food from the Scandinavian countries. We also teach the languages and Rosemaling.

Our upstairs is used as the need arises. We have art in every room, a Rosemaling Studio, and a collection of 200 year old pewter.

Several of the Scandinavian events are held here. Sons of Norway, Nortex Lodge meets the second Sunday of each month at 3:00 PM. Meetings begin with a pot luck meal (bring a Norwegian food please). The Danish/American Club has their Smorbord the 18th of October 2015 at 2 PM. The Norwegian families celebrate Christmas and Syttende Mai.

Alan has a Kranskage demonstration annually. I hold lefse demonstrations in October and November each year.

Our annual Anniversary party the second Saturday of September from 1:00-5:00 PM.

Our annual Stella Olson Cooky party the second Saturday of December from 1:00-5:00 PM.

Please join our mailing list for an update of the things happening at the Wooden Spoon.

There are no closed doors at the Wooden Spoon--you are welcome to join us for any of the activities we have.

Our desire is to connect you or keep you connected with your heritage, to continue to learn and to teach others. Our staff is ready to help you and guide you in the direction you need.

Thanks for keeping the Wooden Spoon stirring for 27 years.

Gwen Ark Solomon
owner